

Hinei Mah Tov (All)

Am Hinei mah tov umah naim Dm E7 Am shevet achim gam yachad.	הִנֵּה מַה־טוֹב וּמַה־נְּעִים שֵׁבֶת אַחִים גַּם־יַחַד.
How good it is, and how pleasant when we dwell together in peace. (Psalm 133:1)	



Words of Welcome (Rabbi)



Presentation of Tallit (Honored Guest)

I present this tallit to you, so that you may fulfill the tradition of enfolding yourself in its fringes.

Remember that our love is always wrapped around you, as this tallit is wrapped around you today.

Before putting on the tallit:

Baruch atah Adonai Eloheinu Melech haolam asher k'dshanu b'mitzvotav v'tzivanu l'hitatef batzitzit. All: Amen	בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהִתְעַטֵּף בְּצִיצֵת.
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Responsive Reading

Leader: We give thanks for this day that unites us as a community.

All: We give thanks for our friends and families who support and love us.

Leader: We give thanks for our teachers and classmates who guide us and learn with us.

All: We give thanks for the holiness of Shabbat, which reminds us to pause, to be, rather than to do.

Leader: We give thanks for this moment of connection to generations who have preceded us, and to generations who will follow.

All: May the words we speak and the melodies we sing unite us. May they guide us to pursue kindness, compassion, and justice.

Leader: May our time together inspire us to cultivate peace and contentment within ourselves and throughout our world.



Reading #1 (Honored Guest)

A student spent many years studying with a learned Rabbi in a far away town. When he finally returned home, the townspeople gathered around to greet him. After hearing about his vast studies, which covered Hebrew, Talmud, Torah, values (*middot*), social action (*tikkun olam*) and more, one of the youngsters asked, "What was most important to your teacher?"

The disciple thought for several moments and then replied: "Whatever he happened to be doing at the moment."

- Based on Martin Buber Hasidic Tales



Shabbat Teaching

Friday Night additional prayers are on pp. 26-28



Reader's Kaddish: A Responsive Prayer	
<p>Leader: Yitgadal v'yitkadash shmei raba. B'alma div'ra chirutei, v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala [ba'agala] uvizman kariv. v'im'ru:</p>	<p>יִתְגַּדֵּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֵלְמָא דֵּי בְרָא כְרַעוּתֵיהּ, וְיַמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזִמְן קָרִיב וְאָמְרוּ</p>
<p>All: amen. Y'hei sh'mei raba m'varach l'alam ul'almei almaya. Yitbarach</p>	<p>אָמֵן. יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלָם וּלְעַלְמֵי עֲלַמְיָא. יִתְבָּרַךְ</p>
<p>Leader: Yitbarach v'yishtabach v'yitpa'ar y'vitromam v'yitnasei, v'yit-hadar, v'yitaleh v'yit'halal sh'mei d'kud'sha</p>	<p>יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא, וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא</p>
<p>All: B'rich Hu,</p>	<p>בְּרִיךְ הוּא</p>
<p>Leader: l'eila min kol birchata v'shirata, tushb'chata v'nechemata, da'amiran b'alma, v'imru:</p>	<p>לְעֵלָא מִן כּוֹל בִּרְכָתָא וְשִׁירָתָא, תְּשׁוּבָתָא וְנַחֲמָתָא, דְאָמִירָן בְּעֵלְמָא, וְאָמְרוּ</p>
<p>All: amen.</p>	<p>אָמֵן.</p>



(Please Rise)

Barchu: A Responsive Prayer	
Some versions begin with a niggun, then continue below: Am D F E7 Am C G F G (E7) C (Am) (2x) All: Ya la la la la la etc.	
Leader: Am D F E7 Am Bar'chu et Adonai ham'vorach!	בְּרַכּוּ אֶת־יְיָ הַמְּבֹרָךְ
All: C G Baruch Adonai ham'vorach F G C l'olam va-ed!	בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד
Leader: C G Baruch Adonai ham'vorach F E7 Am l'olam va-ed!	בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד

(Please Be Seated)
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Reading #2 (Honored Guest)

For spiritual development,
One needs access
To the enjoyment of the beauty of nature,
Such as the contemplation of flower-decorated meadows,
Majestic mountains and flowing rivers.

For all these are essential to the spiritual development of even the holiest of people.

- Rabbi Abraham ben Maimonides, Egypt, (1186-1237)
Quoted in *Ha-Mispik La-Avodat ha-Shem*, p.165

*To Ponder: Why is nature “essential to spiritual development?”
Why are books not enough? What do “flower-decorated meadows and majestic mountains and flowing rivers” teach us that classrooms cannot?*



Reading #3 (Honored Guest)

A student once asked Rabbi Joshua,
"Why did God choose a thorn bush from which to speak to Moses?"

He answered, "To teach you that no place is devoid of the divine Presence, not even a thorn bush."

- Midrash Exodus Rabbah 2.5 Land of Israel c.1000 CE

*To Ponder: What is your most holy place? Is there a place
"devoid of the Divine Presence?"*



(Please Rise)

All:

Sh'ma Yisrael:
Adonai Eloheinu, Adonai Echad

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד:

Hear O Israel: Adonai is our God, Adonai is One.

All: Baruch shem k'vod malchuto l'olam va-ed	בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.
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(Please Be Seated)

V'ahavta	
<p>All: V'ahavta et Adonai Elohecha, b'chol l'avvacha uv'chol nafsh'cha uv'chol m'odecha. V'hayu had'varim ha-eileh asher anochi m'tzavcha hayom al l'avvecha. V'shinantam l'vanecha v'dibarta bam,</p> <p>b'shivt'cha b'veitecha uv'lecht'cha vaderech uv'shochb'cha uv'kumecha. Ukshartam l'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al m'zuzot beitecha uvisharecha.</p>	<p>וְאַהֲבַתְּ אֶת יְיָ אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ, וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם, עַל-לִבְבְּךָ: וְשִׁנַּנְתָּם לְבָנֶיךָ, וְדִבַּרְתָּ בָּם, בְּשַׁבְּתְךָ בְּבֵיתְךָ, וּבְלִכְתּוֹתְךָ בְּדַרְךָ, וּבְשֹׁכְבְּךָ, וּבְקוּמְךָ. וְקִשְׂרַתָּם לְאוֹת עַל-יָדְךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ, וּכְתַבְתָּם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:</p>
<p>All: L'ma'an tizk'ru, va'asitem et kol mitzvotai vih'yitem k'doshim l'Eloheichem. Ani Adonai Eloheichem, asher hotzeiti et-chem mei-eretz Mitzrayim lih'yot lachem l'Elohim ani Adonai Eloheichem.</p>	<p>לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת- כָּל-מִצְוֹתַי, וְהָיִיתֶם קְדוֹשִׁים לְאֱלֹהֵיכֶם: אֲנִי יְיָ אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לְהִיּוֹת לָכֶם לְאֱלֹהִים, אֲנִי יְיָ אֱלֹהֵיכֶם:</p>

All:

I shall love the Eternal with all my heart, with all my soul,
and with all my might.

And all these words, which I read today, shall be upon my heart.

And I shall teach them diligently to my children.
And I shall speak of them when I sit in my house,
When I walk by my way, and when I lie down,
and when I rise up.

And I shall bind them for a sign upon my hand.
And they shall be for frontlets between my eyes.

And I shall write them on the doorposts of my house and upon my
gates.

(Based on Deuteronomy 6:5-9)

To Ponder: Translated literally, the V'ahavta is a series of commands, "You shall..." How does changing the wording to "I shall..." affect your experience of the prayer?



Reading #4 (Honored Guest)

Standing on the parted shores of history
We still believe what we were taught
Before ever we stood at Sinai's foot;

That wherever we go, it is eternally Egypt
That there is a better place, a promised land;
That the winding way to that promise
Passes through the wilderness.

That there is no way to get from here to there
Except by joining hands, marching together.

-Michael Walzer, adapted



*When the Israelites witnessed the splitting of
the Reed Sea and crossed safely to the other
side, they sang Mi Chamochah in thanksgiving.
"Free at last!"*



Mi Chamochah: All

We begin with a niggun

Am C D Am
Am C D E
Am C D Am
F G Em Am

All: Yai lai lai lai lai lai la etc.

Am C D Am
Mi cha-mochah ba-eilim, Adonai!
Am C D E
Mi ka-mochah nedar bakodesh,
Am C D Am
nora t'hilot, oseh fele,
F G Em Am
nora t'hilot, oseh fele!
(Continue with words either for morning or afternoon/ evening)

מִי־כְמֹכָה בְּאֵלִים יִי
מִי כְּמֹכָה נִאֲדָר בְּקֹדֶשׁ
נֹרָא תְהִלַּת, עֹשֶׂה פֶּלֶא
(Continue with words either for morning or afternoon/ evening)

Morning: All

F G C
Shira chada-sha shib'chu
Am Dm
g'ulim l'shimcha al s'fat
E F G C Am
hayam; yachad kulam hodu
Dm E
v'himlichu v'amru
Am C D Am C D E
Adonai yim'loch l'olam va-ed,
Am C D Am F G Em Am
Adonai yim'loch l'olam va-ed!

שִׁירָה חֲדָשָׁה שְׁבַחוּ גְּאוּלִּים
לְשִׁמְךָ עַל שְׂפַת הַיָּם,
יַחַד כְּלֵם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ.
יִי יְמִלְךָ לְעוֹלָם וָעֶד.

Afternoon or Evening: All

F G C Am
Malchut'cha ra-u vanecha,
Dm E
Bokei-a yam lifnei Moshe
F G C Am
Zeh eli, anu v'amru,
Dm E
Zeh eli, anu v'amru,
Am C D Am C D E
Adonai yim'loch l'olam va-ed!
Am C D Am F G Em Am
Adonai yim'loch l'olam va-ed!

מַלְכוּתְךָ רָאוּ בְּנֵיךָ,
בוֹקַע יָם לְפָנַי מֹשֶׁה
זֶה אֱלֹהֵי, עָנּוּ וְאָמְרוּ:
יִי יְמִלְךָ לְעוֹלָם וָעֶד.



Amidah (Please Rise)

Opening: All	
Option 1: Adonai, s'fatai tiftach, ufi yagid t'hilatecha. Adonai, open up my lips that my mouth may declare your glory.	אֲדֹנָי שְׂפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ.
Option 2: A-na-na-na-na-na-na-na Adonai, A-na-na-na-na-na-na s'fatai tiftach, A-na-na-na-na-na-na- ufi yagid Ufi yagid t'hilatecha. (repeat 3x)	אֲדֹנָי שְׂפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ.

Avot v'Imahot (Honoring our Ancestors)	
<p>All: Baruch atah, Adonai, Eloheinu v'Eilohei avoteinu v'imoteinu,</p> <p>Elohei Avraham, Elohei Yitzchak v'Eilohei Ya'akov,</p> <p>Elohei Sarah, Elohei Rivkah, Elohei Leah v'Eilohei Rachel.</p> <p>Ha-El hagadol hagibor v'hanora, El elyon, gomeil chasadim tovim, v'koneih hakol,</p> <p>v'zocheir chasdei avot v'imahot, umeivi g'ulah liv'nei v'neihem l'ma'an sh'mo b'ahavah. Melech ozeir umoshia umagen. Baruch atah, Adonai, magen Avraham v'ezrat Sarah.</p>	<p>בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵאָה, וְאֱלֹהֵי רָחֵל. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא אֵל עֲלִיּוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חֲסָדֵי אֲבוֹת וְאִמֹת, וּמְבִיא גְּאֻלָּה לְבָנָי בְּגִיחָם לְמַעַן שְׁמוֹ בְּאַהֲבָה. מְלֶכֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגֵּן. בָּרוּךְ אַתָּה יְיָ מַגֵּן אַבְרָהָם וְעִזְרַת שָׂרָה.</p>

G'vurot (Spiritual Strength)	
<p>All: Atah gibor l'olam Adonai, m'chayeh hakol atah, rav l'hoshia.</p> <p>M'chalkeil chayim b'chesed, m'chayeh hakol b'rachamim rabim,</p> <p>Someich noflim, v'rofei cholim, umatir asurim,</p> <p>Um'kayeim, emunato lisheinei afar.</p> <p>Mi chamochoh ba'al g'vurot umi domeh lach, melech meimit um'chayeh umatzmiach y'shuah.</p> <p>V'ne-eman atah l'hachayot hakol.</p> <p>Baruch atah, Adonai, m'chayeh hakol.</p>	<p>אַתָּה גִבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה הַכֹּל אֶתָּה, רַב לְהוֹשִׁיעַ. מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה הַכֹּל בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ לְיִשְׂרָאֵל עֲפָר. מִי כְמוֹךָ בַּעַל גְּבוּרוֹת וּמִי דוֹמֵה לָךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמְצַמִּיחַ יְשׁוּעָה: וְנֶאֱמָן אֶתָּה לְהַחְיֹת הַכֹּל. בָּרוּךְ אַתָּה יְיָ, מְחַיֶּה הַכֹּל.</p>

K'dushah (Holiness)		Responsively
<p>Leader: N'kadeish et shimcha ba'olam, k'sheim shemak'dishim oto bishmei marom, kakatur al yad n'viecha: v'karah zeh el zeh v'amar.</p>	<p>נִקְדֵּשׁ אֶת שְׁמֶךָ בְּעוֹלָם, כְּשֵׁם שְׁמִקְדֵּי־שָׁמַיִם אוֹתוֹ בְּשָׁמַיִם מְרוֹם, כְּכַתּוּב עַל יַד נְבִיאָךְ: וְקָרָא זֶה אֶל זֶה וְאָמַר: <i>(turn right and left when on "zeh" & "zeh")</i></p>	

<p>All: (Rise on toes for each "kadosh") Kadosh, kadosh, kadosh Adonai tz'vaot, m'lo chol ha'aretz k'vodo.</p>	<p>(Rise on toes for each "kadosh") קָדוֹשׁ, קָדוֹשׁ, קָדוֹשׁ, יְיָ צְבָאוֹת, מְלֵא כָּל הָאָרֶץ כְּבוֹדוֹ.</p>
<p>Leader: Adir adireinu Adonai adoneinu Mah adir shim'cha b'chol ha'aretz!</p>	<p>אֲדִיר אֲדִירֵנוּ יְיָ אֲדִנֵינוּ מִה־אֲדִיר שְׁמֶךָ בְּכֹל־הָאָרֶץ.</p>
<p>All: Baruch k'vod Adonai mim'komo.</p>	<p>בָּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ.</p>
<p>Leader: Echad Hu Eloheinu Hu avinu Hu mal'keinu Hu moshi'einu v'Hu yash'mieinu b'rachamav l'einei kol chai: Ani Adonai E'loheichem!</p>	<p>אֶחָד הוּא אֱלֹהֵינוּ הוּא אָבִינוּ הוּא מְלִכְנוּ הוּא מוֹשִׁיעֵנוּ וְהוּא יִשְׁמִיעֵנוּ בְּרַחֲמָיו לְעֵינֵי כָּל־חַי: אֲנִי יְיָ אֱלֹהֵיכֶם.</p>
<p>All: Yimloch Adonai l'olam, e'lohayich tzion, l'dor vador. Hal'luyah!</p>	<p>יְמַלֵּךְ יְיָ לְעוֹלָם, אֱלֹהֶיךָ צִיּוֹן לְדוֹר וָדוֹר, הַלְלוּיָהּ.</p>
<p>Leader: L'dor vador nagid god'lecha, ul'neitzach n'tzachim k'dushat'cha nak'dish, v'shivcha'cha Eloheinu, mipinu lo yamush l'olam va-ed.</p>	<p>לְדוֹר וָדוֹר נִגִּיד גְּדֻלָּתְךָ, וְלִנְצַח נְצַחִים קִדְשְׁתָּךְ נִקְדִּישׁ, וְשִׁבְחֶךָ, אֱלֹהֵינוּ, מִפִּינוּ לֹא יִמוּשׁ לְעוֹלָם וָעֶד.</p>
<p>All: Baruch atah, Adonai, haeil hakadosh.</p>	<p>בָּרוּךְ אַתָּה יְיָ, הָאֵל הַקָּדוֹשׁ.</p>

(Please Be Seated)

We either continue with readings or pause for a few moments of silent reflection and come back together singing Oseh Shalom on p. 14.



Optional Readings

Read aloud by honored guests or presented as silent reading options for the congregation:

Optional Reading #5

Master of the Universe, grant me the ability to be alone; may it be my custom to go outdoors each day among the trees and grass - among all growing things - and there may I be alone, and enter into prayer, to talk with the One to whom I belong.

May I express there everything in my heart, and may all the foliage of the field -- all grasses, trees, and plants -- awake at my coming, to send the powers of their life into the words of my prayer so that my prayer and speech are made whole through the life and spirit of all growing things, who are made as one by their transcendent Source. May I then pour out the words of my heart before your presence like water, Adonai, and lift up my hands to You in worship, on my behalf, and that of my children!

- Rebbe Nachman of Bratslav (1772-1810)

To Ponder:

Rebbe Nachman felt spiritually awoken when in nature. Where do you feel spiritually alive?

Optional Reading #6

When God created the first human beings,
God led them around the Garden of Eden and said:
“Look at my works!
See how beautiful they are - how excellent!
For your sake I created them all.
See to it that you do not spoil My world:
For if you do, there will be no one else to repair it.”

- Midrash Ecclesiastes Rabbah on 7:13 800 CE

To Ponder:

Are you surprised that this environmentally aware statement was written in 800 CE?

Optional Reading #7

Awe, rather than faith, is the cardinal
attitude of the religious Jew.

- Rabbi Abraham Joshua Heschel (1907-1972)

To Ponder:

Where and when do you experience awe? How can you use that moment to enhance your Jewish experience?

Optional Reading #8

These things I know:
How the living go on living
And how the dead go on living with them.
So that in a forest
Even a dead tree casts a shadow
And the leaves fall one by one
And the branches break in the wind
And the bark peels off slowly
And the rain seeps in through the cracks

And the trunk falls to the ground
And the moss covers it
And in the spring the rabbits find it
And build their nest

Inside the dead tree
 So that nothing is wasted in nature
 Or in love."

- Laura Gilpin, appeared in Kol Haneshama, 2000.

To Ponder:

When you face mortality, yours or someone else's, where do you find comfort?

***We pause for a few moments
 of silent reflection***

Oseh Shalom	
<p>All: Am E7 Am A7 Oseh shalom bimromav, Dm G C Am hu ya'aseh shalom aleinu Dm G C Am Dm Am v'al kol Yisrael, v'imru, imru: E7 Am Amen</p> <p>A7 Dm G C Ya-aseh shalom, Ya-aseh shalom Am E7 Am Shalom aleinu v-al kol Yisraeil 2x</p> <p>Am Em Ya-aseh shalom, Ya-aseh shalom Am B7 E7 Shalom aleinu v-al kol Yisraeil</p>	<p>עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ, וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ אָמֵן.</p>
<p>May peace descend on us, on all Israel, and on all who dwell on earth. Amen</p>	



Torah Service

Rabbi:

Explanation and Introduction of Torah Scroll



We rise, open the ark and remove the Torah

All:

Al shlosa d'varim, al shlosa d'varim

Al sh'losa, sh'losa d'varim

Ha'olam ha'olam omaid.

(repeat)

Al haTorah, v'al ha'avodah,

V'al g'milut chasadim.

Al haTorah, v'al ha'avodah,

V'al g'milut chasadim.

*On Three Things the World Stands:
On Torah, on Service and on Loving Deeds*

<p>Option One The Torah is passed from Grandparents to Parents to Bar or Bat Mitzvah</p>	
<p>Bar or Bat Mitzvah: Sh'ma Yisrael Adonai Eloheinu, Adonai Echad!</p>	<p>שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד:</p>
<p>All: Echad Eloheinu, Gadol Adoneinu, Kadosh Sh'mo.</p>	<p>אֶחָד אֱלֹהֵינוּ גָדוֹל אֲדוֹנֵינוּ, קְדוֹשׁ שְׁמוֹ.</p>

Hakafah

The immediate family joins the Bar or Bat Mitzvah in the Torah processional around congregation.

Those within reach, may choose to touch the Torah mantle (cover) with their tzitzit (tallit fringes) if they are wearing a tallit or a prayerbook if they are not. They then kiss the tzitzit or prayerbook, which touched the Torah scroll. This is an expression of love and affection for the great gift of Torah.

All:

L'-cha A-do-nai ha-g'-du-lah v-ha-g'vu-rah

V'-ha-tif-e-ret v'-ha-ne-tzach v'-ha-hod

Ki chol ba-sha-ma-yim u-va-a-retz

Ki chol ba-sha-ma-yim u-va-a-retz

L'-cha A-do-nai ha-mama-la-chah

V'-ha-mit-na-sei l'-chol l'-rosh.

Al shlosa d'varim, al shlosa d'varim

Al sh'losa, sh'losa d'varim

Ha'olam, ha'olam omaid.

(repeat)

Al haTorah, v'al ha'avodah,

V'al g'milut chasadim.

(repeat)

**The vestments are removed
The Gabbai is called forward**

Please be seated

Option Two The community holds the Torah in a large circle

The community makes a large circle. Everyone who wishes to participate stands in a tight circle, shoulder to shoulder. The Rabbi unscrolls the Torah and congregants carefully hold the Torah at the top and bottom. We hold the Torah with concentration and care, in order to protect it from ripping. Those who do not wish to hold the Torah or are unable to hold the Torah need not feel uncomfortable stepping to the side or standing behind someone in the circle. The entire congregation is honored as some of us hold the Torah physically and all of us hold it spiritually. Please do not let go of the Torah until the Rabbi rescrolls the Torah from your hands.

The vestments are removed.
 The Gabbai is called forward.
 Honored guests are asked to hold the section of Torah that will be read.

Blessing Before the Torah Reading

Reader: Bar'chu et Adonai Ham'vorach:	בְּרַחוּ אֶת יְיָ הַמְּבָרֵךְ:
All: Baruch Adonai ham'vorach l'olam va-ed	בְּרוּךְ יְיָ הַמְּבָרֵךְ לְעוֹלָם וָעֶד:
Reader: Baruch Adonai ham'vorach l'olam va-ed Baruch atah Adonai, Eloheinu Melech haolam, asher bachar banu mikol ha'amim, v'natan lanu et Torato. Baruch atah Adonai, notein haTorah.	בְּרוּךְ יְיָ הַמְּבָרֵךְ לְעוֹלָם וָעֶד: בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מִלְּפָנֶיךָ הָעוֹלָם, אֲשֶׁר בָּחַר בְּנוּ מִכָּל הָעַמִּים, וְנָתַן לָנוּ אֶת תּוֹרָתוֹ: בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה:



Reading of the Torah



Blessing Following the Torah Reading

Reader: Baruch atah Adonai, Eloheinu Melech haolam, asher natan lanu Torat emet, v'chayei olam nata b'tocheinu. Baruch atah Adonai, notein haTorah.	בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מִלְּפָנֶיךָ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת, וַחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ: בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה:
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If Torah was read at a table, the Haggbah now lifts the Torah so all present can see the words on the scroll.

The Haggbah and Galila are called forward

Please Rise

Rabbi:
V'zot haTorah asher sam
Moshe lifnei
b'nai Yisrael al pi Adonai
b'yad Moshe.

וְזֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה לְפָנָי
בְּנֵי יִשְׂרָאֵל עַל פִּי יי בְּיַד מֹשֶׁה:

The Vestments are put on the Torah by the Galilah and the Torah is returned to the Ark.



Translation of Torah
Speech by Bar or Bat Mitzvah
Speech by Parents
Presentation from the Adventure
Rabbi Congregation by the Rabbi



Priestly Blessing

Rabbi:
Y'varech'cha Adonai
v'yishmarecha
Yaeir Adonai panav eilecha
vichuneka
Yisah Adonai panav eilecha
v'yaseim lecha shalom

יְבָרֶכְךָ יי וַיִּשְׁמְרֶךָ:
יָאֵר יי פָּנָיו אֵלֶיךָ וַיַּחֲנֶנְךָ:
יִשָּׂא יי פָּנָיו אֵלֶיךָ
וַיַּשִּׁים לְךָ שְׁלוֹם:

All: Amen

אָמֵן.

Rabbi: May God bless you and keep you.
May God's countenance shine upon you and be with you.
May God bless you with peace.

(Please Rise)

Aleinu: (optional)	
<p>All: Aleinu l'shabei-ach la'adon hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei ha'artzot, v'lo samanu k'mishp'chot ha'adamah. Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam.</p> <p>(we bow) Va'anachnu kor'im umishtachavim umodim, (we straighten) lifnei Melech mal'chei hamlachim HaKadosh Baruch Hu.</p> <p>V'ne-emar, v'hayah Adonai l'Melech al kol ha'arets. Bayom hahu [bayom hahu] yih'yeh Adonai echad Ush'mo [ush'mo, ush'mo] echad.</p>	<p>עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שֶׁלֹא עָשָׂנוּ כְּגוֹיֵי הָאֲרָצוֹת, וְלֹא שָׂמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה, שֶׁלֹא שָׂם חֶלְקֵנוּ כֵּהֶם, וְגָרְלָנוּ כְּכֹל הַמוֹנִם וְאַנְחָנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לְפָנָי מֶלֶךְ, מְלִכֵי הַמְּלָכִים, הַקְּדוֹשׁ בְּרוּךְ הוּא. וְנֹאמַר: וְהָיָה יי לְמֶלֶךְ עַל כָּל הָאָרֶץ, בַּיּוֹם הַהוּא יִהְיֶה יי אֶחָד, וּשְׁמוֹ אֶחָד.</p>
May the time arrive swiftly when all people are respected for their differences and united by their similarities. May it come to pass in our day, that all beings live together in peace.	

(Remain Standing for Kaddish)

Mourner's Kaddish	
We recall the loved ones whom death has recently taken from us, those who died in this season in years past, those who have passed away who we wish could be with us at this time, and all those for whom there is no one left to say <i>Kaddish</i> . May their memory inspire us to live our lives with compassion and grace.	
<p>All: Yitgadal v'yitkadash shmei raba. B'alma div'ra chirutei,</p>	<p>יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעַלְמָא דִּי בְרָא כְרְעוּתֵיהּ,</p>

v'yamlich malchutei,
b'chayeichon uv'yomeichon
uv'chayei d'chol beit Yisrael,
ba'agala uvizman kariv. V'im'ru:
Amen.

Y'hei sh'mei raba m'varach
l'alam ul'almei almaya.
Yitbarach v'yishtabach v'yitpa'ar
y'vitromam v'yitnasei,
v'yit-hadar, v'yitaleh v'yit'halal
sh'mei d'Kud'sha B'rich Hu,
l'eila min kol birchata v'shirata,
tushb'chata v'nechemata,
da'amiran b'alma, V'imru: Amen.

Y'hei sh'lama raba min sh'maya,
v'chayim aleinu v'al kol Yisrael.
V'imru: Amen.

Oseh shalom bimromav,
Hu ya'aseh shalom aleinu,
v'al kol Yisrael
V'imru: Amen

וַיְמַלִּיךְ מַלְכוּתָהּ
בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן
וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל.
בְּעֶגְלָא וּבְזִמַּן קָרִיב וְאָמְרוּ אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ
לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.
יְתַבְרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר
וְיִתְרוֹמֵם וְיִתְנַשֵּׂא,
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל
שְׁמֵהּ דְקֻדְשָׁא בְרִיךְ הוּא
לְעֵלְא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא,
תְּשַׁבַּחְתָּא וְנִחְמְתָּא,
דְאִמְרִין בְּעֵלְמָא, וְאָמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא
וּחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל,
וְאָמְרוּ אָמֵן:
עֲשֵׂה שְׁלוֹם בְּמִרְוֵמֵי
הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל,
וְאָמְרוּ אָמֵן:

*May the Source of peace send peace to all who mourn
and comfort to all who are bereaved. Amen.*

Announcements

Please return your prayerbook!

(We need it for our next service.)

We welcome you to download your own copies,
as many as you like at

www.AdventureRabbi.org/prayerbook/

Kiddush	
<p>All: Baruch ata Adonai, Eloheinu melech haolam, borei p'ri hagafen. <i>(on Friday continue:)</i></p>	<p>בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגָּפֶן: <i>(on Friday continue:)</i></p>
<p>Baruch ata Adonai, Eloheinu melech ha- olam, asher kid'shanu b'mitzvotav v'ratza vanu, v'shabbat kod'sho b'ahava uv'ratzon hinchilanu, zikaron l'ma'asei v'reisheet. Ki hu yom t'chila l'mikra'ei kodesh, zeicher litziat Mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim, v'shabbat kod'sh'cha b'ahava uv'ratzon hin'chaltanu. Baruch ata Adonai, m'kadeish hashabat.</p>	<p>בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וּרְצָה בָּנוּ, וְשִׁבֶת קִדְּשׁוֹ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, זִכְרוֹן לַמַּעֲשֵׂה בְּרֵאשִׁית: כִּי הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ, זִכָּר לְיִצְיַאת מִצְרַיִם: כִּי-בָנוּ בְּחֶרֶף וְאוֹתָנוּ קִדְּשָׁתָּ מִכָּל-הָעַמִּים, וְשִׁבֶת קִדְּשֶׁךָ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ: בָּרוּךְ אַתָּה יי מְקַדֵּשׁ הַשַּׁבָּת:</p>

HaMotzie	
<p>All: Baruch ata Adonai, Eloheinu melech haolam, hamotzi lechem min ha'aretz.</p>	<p>בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן הָאָרֶץ:</p>
<p><i>Praised be our Eternal God, who brings forth the bread from the earth.</i></p>	

To Ponder:
 Does bread really come from the earth? What are the steps that must happen for us to eat bread? So, who does this prayer really thank?

Saturday Night Havdallah:	
<i>We raise the wine glass:</i> Am F Dm Em Am Em Am	
All: C D F Baruch atah Adonai G C Eloheinu, Melech D E haolam, F G C D borei p'ri hagafen, F Em Am Em Am borei p'ri hagafen,	ברוך אתה יי אלהינו מלך העולם, בורא פרי הגפן.
<i>We raise the spices and pass around to smell after the blessing is sung:</i>	
Baruch atah Adonai Eloheinu, Melech haolam, borei minei v'samim.	ברוך אתה יי אלהינו מלך העולם, בורא מיני בשמים.
<i>The candle is held up: (If you raise your hand, do your fingers cast a shadow on your palm? If so, it is dark enough for Havdallah.)</i>	
Baruch atah Adonai Eloheinu, Melech haolam, borei m'orei ha-eish.	ברוך אתה יי אלהינו מלך העולם, בורא מאורי האש
<i>The candle is extinguished in the wine:</i>	
Baruch atah Adonai Eloheinu, Melech haolam, hamavdil bein kodesh l'chol.	ברוך אתה יי אלהינו מלך העולם, המבדיל בין קדש לחול,

Shavua Tov! Have a good week!

Closing Song Selections:

1. Henei Ma Tov Music Recht & Luhrs Text Psalm 133:1

Capo 3rd fret

PART 1

D D7
Henei ma tov u-ma-naim
G A7sus A7
Shevet achim gam yachad
D D7
Henei ma tov u-ma-naim
Em A7 D
Shevet achim gam yachad.

repeat part 1

PART 2

D Bm
Henei ma tov u-ma-naim
C A7sus A7
Shevet achim gam yachad
D Bm
Henei ma tov u-ma-naim
G A7sus A7
Shevet achim gam yach-----ad

repeat part 1

2. Kol HaN'Shamah Music Rolly Matalon Text Psalm 150:6

Capo 2nd fret

Am G Am Em Am
Halelu, Halelu, Halelu, Halelu, Halelu, Halelu. (2x)
Am G G(F) (Em) Am (Am)
Kol Haneshama, T'ha'lel'ya, Halelu, Halleluyah! (2x)

3. Shir Chadash Music Julie Silver Text Psalm 96:1

Capo 2nd fret

G D C D G D C D

Shiru l'Adonai, kol ha-aretz,

G D C D C D G

Shiru l'Adonai, shir chadash.

F C G

Sing unto God all the earth a new song.

F C G

I will sing unto God a new song.

F C G

Sing unto God and we'll all sing along.

F C Dsus D

All the earth a new song unto God.

Repeat Hebrew

4. Ei-li, El-li Music David Zahavi Text Hannah Senesh

Capo 3rd fret

Am E7 Am Am E7 Am E7

Ei-li, Ei-li, She-lo yi-ga-meir le-o-lam:

Am E7 Am Dm

Ha -chol ve-ha-yam, rish-rush shel ha-ma-yim,

Am Dm Am E7

Be-rak ha-sha-mayim, te-fi-lat ha-a-dam.

E7 Am E7 Am A7

Ha -chol ve-ha-yam, rish-rush shel ha-ma-yim,

Dm Am E7 Am

Be-rak ha-sha-mayim, te-fi-lat ha-a-dam.

Am E7 Am E7 Am E7

Oh God, my God I pray that these things never end

Am E7 Am Dm

The sand and the sea, the rush of the waters

Am Dm Am E7

The crash of the heavens the prayer of the heart.

E7 Am E7 Am A7

The sand and the sea, the rush of the waters

Dm Am E7 Am

The crash of the heavens the prayer of the heart.

Dm Am E7 Am

Be-rak ha-sha-mayim, te-fi-lat ha-a-dam.

5. Ein Keloheinu

Ein keloheinu, Ein kadoneinu,
Ein k'malkeinu, Ein k'moshianu.

Mi cheloheinu? Mi chadoneinu?
Mi ch'malkeinu? Mi ch'moshianu?

Nodeh leloheinu, Nodeh ladoneinu,
Nodeh l'malkeinu, Nodeh l'moshianu.

Baruch eloheinu, Baruch adoneinu,
Baruch malkeinu, Baruch moshianu.

Ata hu eloheinu, Ata hu adoneinu,
Ata hu malkeinu, Ata hu moshianu.

6. L'chi Lach Music Debbie Friedman Text Gen. 12:1-3

D A Em7 Asus A

L'chi lach to a land that I will show you

D A Em7 Asus A

Lech lecha to a place you do not know

F#m Bm Em Asus A

L'chi lach on your journey I will bless you

D G A

And you shall be a blessing, (2x)

D Bm Em7 A7 D

And you shall be a blessing l'chi lach.

D A Em7 Asus A

L'chi lach and I shall make your name great

D A Em7 Asus A

Lech lecha and all shall praise your name

F#m Bm Em Asus A

L'chi lach to the place that I will show you

D G A

L'simhat hayim, (2x)

D Bm Em A7 D

L'simhat hayim lechi lach.

7. Shehecheyanu Music Tzvikah Pik Text Liturgy

בָּרַךְ אֱתָהּ יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעַנוּ לְזִמַּן הַזֶּה:

D Bm Em A
Baruch atah Adonai Eloheinu melech ha-olam
G D Bm Em A
She-he-che-yanu v'kimanu v'higianu laz'man hazeh.
G-A- Bm-G- G-A-G-D
Amen

We are grateful for the gift of life,
For all that sustains us,
And for having arrived at this moment.

Optional Friday Night Service Insertions:

#1 Shalom Aleichem Music Samuel Goldfarb Text Liturgy

Em B7
Shalom aleichem, mal'achei hashareit,
B7 C B7
Mal'achei elyon.
Em B7
MiMelech, mal'chei ham'lachim
Am B7
HaKadosh, Baruch Hu.
G D
Bo'achem l'shalom, mal'achei hashalom,
Em B7
Mal'achei elyon.
B7 Em
MiMelech, mal'chei ham'lachim
Em B7 Em
HaKadosh, Baruch Hu.
Em B7
Bar'chuni l'shalom, mal'achei hashalom,
B7 C B7
Mal'achei elyon.
Em B7
MiMelech, mal'chei ham'lachim
Am B7
HaKadosh, Baruch Hu.

G	D	
Tzeitchem l'shalom, mal'achei hashalom,		
Em	B7	
Mal'achei elyon.		
B7	Em	
MiMelech, mal'chei ham'lachim		
Em	B7	Em
HaKadosh, Baruch Hu.		

#2 L'chah Dodi Text Shlomo Alkabetz

Capo 2nd fret

Am	Dm	Am	Dm	E7	Am	E7	Am
L'chah dodi likrat kalah, p'nei Shabbat n'kab'lah.							
Am	Dm	C	E7	Am			
L'chah dodi likrat kalah, p'nei Shabbat n'kab'lah.							

Chorus:

Am	F	G	C	E7
L'chah (l'cha) dodi (dodi) L'chah dodi likrat kalah,				
F	G	C	A7	
p'nei Shabbat n'kab'lah				
Dm	Am			
L'chah dodi likrat kalah,				
Dm	E7	Am		
p'nei Shabbat n'ka-b'lah				

Shamor v'zachor b'dibur echad,
Hish'mi-anu El ham'yuchad,
Adonai echad, ush'mo echad,
L'sheim ul'tif'eret v'lit'hilah.

Lik'rat Shabbat l'chu v'neil'chah,
Ki hi m'kor hab'rachah,
Meirosh mikedem n'suchah,
Sof ma-aseh b'machashavah t'chilah.

Hitor'ri, hitor'ri,
Ki va oreich! Kumi ori
Uri uri, shir dabeiri;
K'vod Adonai alayich nig'lah.

(rise and face entrance)

Am Dm Am
 Bo-i v'shalom, ateret ba'lah;
 Dm E7 Am E7 Am
 Gam b'simchah uv'tzoholah
 Am Dm
 Toch emunei am s'gulah,
 C E7 Am
 Bo-i chalah! Bo-i chalah!
(turn back toward front and be seated)

#3 L'chah Dodi Music Zeira Text Shlomo Alkabetz


Capo 2nd fret
 C G C G Am
 L'chah dodi likrat kalah, likrat ka-lah,
 Dm G C G C
 P'nei Shabbat n'kab'lah, n'kab'lah.
(repeat)

C F C G Am
 Shabbat shalom, Shabbat Shalom
 Dm G C
 Shabbat shalom u'mvorach.
(repeat)

#4 Candle Blessing

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
 אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ
 לְהַדְלִיק נֵר שֶׁל שַׁבָּת

Baruch Atah Adonai,
 Eloheinu Melech ha-olam,
 asher kid'shanu b'mitz'votav v'tzivanu
 l'hadlik neir shel Shabbat.



Blessed are you Adonai our God, Spirit of
 Creation, who makes us holy with your commandment
 to kindle the Sabbath lights.

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