

(rise and face entrance)

Am Dm Am
Bo-i v'shalom, ateret ba'lah;
Dm E7 Am E7 Am
Gam b'simchah uv'tzoholah
Am Dm
Toch emunei am s'gulah,
C E7 Am
Bo-i chalah! Bo-i chalah!
(turn back toward front and be seated)


#3 L'chah Dodi Music Zeira Text Shlomo Alkabetz

Capo 2nd fret
C G C G Am
L'chah dodi likrat kalah, likrat ka-lah,
Dm G C G C
P'nei Shabbat n'kab'lah, n'kab'lah. (repeat)
C F C G Am
Shabbat shalom, Shabbat Shalom
Dm G C
Shabbat shalom u'mvorach. (repeat)

#4 Candle Blessing

ברוך אתה יי אלהינו מלך העולם,
אשר קדשנו במצותיו וצונו
להדליק נר של שבת

Baruch Atah Adonai,
Eloheinu Melech ha-olam,
asher kid'shanu b'mitz'votav v'tzivanu
l'hadlik neir shel Shabbat.



Blessed are you Adonai our God, Spirit of
Creation, who makes us holy with your commandment
to kindle the Sabbath lights.

Continue on page 3

Hinei Mah Tov (All)

Am Dm Am Hinei mah tov umah naim Dm E7 Am shevet achim gam yachad.	הנה מה טוב ומה נעים שבת אחים גם יחד.
How good it is and how pleasant when we dwell together in peace. (Psalm 133:1)	



Words of Welcome (Rabbi)



Presentation of Tallit (Honored Guest)

I present this tallit to you, so that you may fulfill the tradition
of enfolding yourself in its fringes.

Remember that our love is always wrapped around you, as this
tallit is wrapped around you today.

Before putting on the tallit:

Baruch atah Adonai Eloheinu Melech haolam asher k'dshanu b'mitzvotav v'tzivanu l'hitatef batzitzit. All: Amen	ברוך אתה יי אלהינו מלך העולם אשר קדשנו במצותיו וצונו להתעטף בציצית.
-------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------



Responsive Reading

Leader: We give thanks for this day
that unites us as a community.

All: We give thanks for our friends and families
who support and love us.

Leader: We give thanks for our teachers and classmates who guide us and learn with us.

All: We give thanks for the holiness of Shabbat, which reminds us to pause, to be, rather than to do.

Leader: We give thanks for this moment of connection to generations who have preceded us, and to generations who will follow.

All: May the words we speak and the melodies we sing unite us. May they guide us to pursue kindness, compassion, and justice.

Leader: May our time together inspire us to cultivate peace and contentment within ourselves and throughout our world.



Reading #1 (Honored Guest)

A student spent many years studying with a learned Rabbi in a far away town. When he finally returned home, the townspeople gathered around to greet him. After hearing about his vast studies, which covered Hebrew, Talmud, Torah, values (*middot*), social action (*tikkun olam*) and more, one of the youngsters asked, “What was most important to your teacher?” The disciple thought for several moments and then replied: “Whatever he happened to be doing at the moment.”

- Based on Martin Buber Hasidic Tales



Shabbat Teaching

Friday Night additional prayers are on pages 26-28



G	D	
Tzeitchem l'shalom, mal'achei hashalom,		
Em	B7	
Mal'achei elyon.		
B7	Em	
MiMelech, mal'chei ham'lachim		
Em	B7	Em
HaKadosh, Baruch Hu.		

#2 L'chah Dodi Text Shlomo Alkabetz

Capo 2nd fret

Am	Dm	Am	Dm	E7	Am	E7	Am
L'chah dodi likrat kalah, p'nei Shabbat n'kab'lah.							
Am	Dm	C	E7	Am			
L'chah dodi likrat kalah, p'nei Shabbat n'kab'lah.							

Chorus:

Am	F	G	C	E7	
L'chah (l'cha) dodi (dodi) L'chah dodi likrat kalah,					
F	G	C	A7		
p'nei Shabbat n'kab'lah					
Dm	Am				
L'chah dodi likrat kalah,					
Dm	E7	Am			
p'nei Shabbat n'ka-b'lah					

Shamor v'zachor b'dibur echad,
Hish'mi-anu El ham'yuchad,
Adonai echad, ush'mo echad,
L'sheim ul'tif'eret v'lit'hilah.

Lik'rat Shabbat l'chu v'neil'chah,
Ki hi m'kor hab'rachah,
Meirosh mikedem n'suchah,
Sof ma-aseh b'machashavah t'chilah.

Hitor'ri, hitor'ri,
Ki va oreich! Kumi ori
Uri uri, shir dabeiri;
K'vod Adonai alayich nig'lah.

7. Shehecheyanu Music Tzvikah Pik Text Liturgy

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזֶמַן הַזֶּה:

D Bm Em A
Baruch atah Adonai Eloheinu melech ha-olam

G D Bm Em A
She-he-che-yanu v'kimanu v'higianu laz'man hazeh.

G-A- Bm-G- G-A-G-D

Amen

We are grateful for the gift of life,
For all that sustains us,
And for having arrived at this moment.

Optional Friday Night Service Insertions:

#1 Shalom Aleichem Music Samuel Goldfarb Text Liturgy

Em B7
Shalom aleichem, mal'achei hashareit,

B7 C B7
Mal'achei elyon.

Em B7
MiMelech, mal'chei ham'lachim

Am B7
HaKadosh, Baruch Hu.

G D
Bo'achem l'shalom, mal'achei hashalom,

Em B7
Mal'achei elyon.

B7 Em
MiMelech, mal'chei ham'lachim

Em B7 Em
HaKadosh, Baruch Hu.

Em B7
Bar'chuni l'shalom, mal'achei hashalom,

B7 C B7
Mal'achei elyon.

Em B7
MiMelech, mal'chei ham'lachim

Am B7
HaKadosh, Baruch Hu.

Reader's Kaddish: A Responsive Prayer

Leader: Yitgadal v'yitkadash
shmei raba.

B'alma div'ra chirutei,
v'yamlich malchutei,
b'chayeichon uv'yomeichon
uv'chayei d'chol beit Yisrael,
ba'agala, ba'agala uvizman
kariv. V'im'ru:

יִתְגַּדַּל וַיִּתְקַדַּשׁ שְׁמֵיהּ רַבָּא.

בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵיהּ,

וַיְמַלִּיךְ מַלְכוּתֵיהּ

בְּחַיֵּיכוּן וּבְיוֹמֵיכוּן

וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל.

בְּעֵגְלָא וּבְזִמַּן קָרִיב וְאָמְרוּ

All: Amen.
Y'hei sh'mei raba m'varach
l'alam ul'almei almay.

אָמֵן.

יְהֵא שְׁמֵיהּ רַבָּא מְבָרַךְ

לְעָלַם וּלְעַלְמֵי עֵלְמַיָּא.

Leader: Yitbarach
v'yishtabach
v'yitpa'ar y'vitromam
v'yitnasei,
v'yit-hadar, v'yitaleh
v'yit'halal
sh'mei d'kud'sha

יִתְבָּרַךְ וַיִּשְׁתַּבַּח,

וַיִּתְפָּאֵר וַיִּתְרוֹמֵם וַיִּתְנַשֵּׂא,

וַיִּתְהַדָּר וַיִּתְעַלֶּה וַיִּתְהַלָּל

שְׁמֵיהּ דְקֻדְשָׁא

All: B'rich Hu

בְּרִיךְ הוּא

Leader: l'eila min kol
birchata v'shirata,
tushb'chata v'nechemata,
da'amiran b'alma, v'imru:

לְעֵלְא מִן כּוֹל בִּרְכָתָא וְשִׁירָתָא,

תִּשְׁבַּחְתָּא וְנַחֲמָתָא,

דְאָמִירָן בְּעֵלְמָא, וְאָמְרוּ

All: Amen.

אָמֵן.



(Please Rise)

Barchu: A Responsive Prayer	
Some versions begin with a niggun, then continue below: Am D F E7 Am C G F G (E7) C (Am) (2x) All: Ya la la la la la etc.	
Leader: Am D F E7 Am Bar'chu et Adonai ham'vorach!	בְּרַכּוּ אֶת־יְיָ הַמְּבַרְךָ
All: C G Baruch Adonai ham'vorach F G C l'olam va-ed!	בְּרוּךְ יְיָ הַמְּבַרְךָ לְעוֹלָם וָעֶד
Leader: C G Baruch Adonai ham'vorach F E7 Am l'olam va-ed!	בְּרוּךְ יְיָ הַמְּבַרְךָ לְעוֹלָם וָעֶד

(Please Be Seated)



Reading #2 (Honored Guest)

For spiritual development,
One needs access
To the enjoyment of the beauty of nature,
Such as the contemplation of flower-decorated meadows,
Majestic mountains and flowing rivers.

For all these are essential to the spiritual development of even
the holiest of people.

- Rabbi Abraham ben Maimonides, Egypt, (1186-1237)
Quoted in *Ha-Mispik La-Avodat ha-Shem*, p. 165

*To Ponder: Why is nature "essential to spiritual development?"
Why are books not enough? What do "flower-decorated meadows,
majestic mountains and flowing rivers" teach us that classrooms cannot?*



5. Ein Keloheinu

Ein keloheinu, Ein kadoneinu,
Ein k'malkeinu, Ein k'moshianu.

Mi cheloheinu? Mi chadoneinu?
Mi ch'malkeinu? Mi ch'moshianu?

Nodeh leloheinu, Nodeh ladoneinu,
Nodeh l'malkeinu, Nodeh l'moshianu.

Baruch eloheinu, Baruch adoneinu,
Baruch malkeinu, Baruch moshianu.

Ata hu eloheinu, Ata hu adoneinu,
Ata hu malkeinu, Ata hu moshianu.

6. L'chi Lach Music Debbie Friedman Text Gen. 12:1-3

D A Em7 Asus A
L'chi lach to a land that I will show you
D A Em7 Asus A
Lech lecha to a place you do not know
F#m Bm Em Asus A
L'chi lach on your journey I will bless you
D G A
And you shall be a blessing, (2x)
D Bm Em7 A7 D
And you shall be a blessing l'chi lach.

D A Em7 Asus A
L'chi lach and I shall make your name great
D A Em7 Asus A
Lech lecha and all shall praise your name
F#m Bm Em Asus A
L'chi lach to the place that I will show you
D G A
L'simhat hayim, (2x)
D Bm Em A7 D
L'simhat hayim lechi lach.

Reading #3 (Honored Guest)

A student once asked Rabbi Joshua,
"Why did God choose a thorn bush from which to speak to
Moses?"

He answered, "To teach you that no place is devoid of the
divine Presence, not even a thorn bush."

- Midrash Exodus Rabbah 2.5 Land of Israel c.1000 CE

To Ponder: What is your most holy place? Is there a place
"devoid of the Divine Presence?"



(Please Rise)

All:

Sh'ma Yisrael:
Adonai Eloheinu, Adonai Echad
שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד:

Hear O Israel: Adonai is our God, Adonai is One.

All: Baruch shem k'vod
malchuto l'olam va-ed

בָּרוּךְ שֵׁם כְבוֹד מַלְכוּתוֹ
לְעוֹלָם וָעֶד.

(Please Be Seated)

3. Shir Chadash Music Julie Silver Text Psalm 96:1

Capo 2nd fret

G D C D G D C D
Shiru l'Adonai, kol ha-aretz,

G D C D C D G
Shiru l'Adonai, shir chadash.

F C G
Sing unto God all the earth a new song.

F C G
I will sing unto God a new song.

F C Dsus D
Sing unto God and we'll all sing along.

All the earth a new song unto God.

Repeat Hebrew

4. Ei-li, El-li Music David Zahavi Text Hannah Senesh

Capo 3rd fret

Am E7 Am Am E7 Am E7
Ei-li, Ei-li, she-lo yi-ga-meir le-o-lam:

Am E7 Am Dm
Ha -chol ve-ha-yam, rish-rush shel ha-ma-yim,

Am Dm Am E7
Be-rak ha-sha-mayim, te-fi-lat ha-a-dam.

E7 Am E7 Am A7
Ha -chol ve-ha-yam, rish-rush shel ha-ma-yim,

Dm Am E7 Am
Be-rak ha-sha-mayim, te-fi-lat ha-a-dam.

Am E7 Am E7 Am E7
Oh God, my God I pray that these things never end

Am E7 Am Dm
The sand and the sea, the rush of the waters

Am Dm Am E7
The crash of the heavens the prayer of the heart.

E7 Am E7 Am A7
The sand and the sea, the rush of the waters

Dm Am E7 Am
The crash of the heavens the prayer of the heart.

Dm Am E7 Am
Be-rak ha-sha-mayim, te-fi-lat ha-a-dam.

V'ahavta	
<p>All: V'ahavta et Adonai Elohecha, b'chol l'vavcha uv'chol nafsh'cha uv'chol m'odecha. V'hayu had'varim ha-eileh asher anochi m'tzavcha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam,</p> <p>b'shivt'cha b'veitecha uv'lecht'cha vaderech uv'shochb'cha uv'kumecha. Ukshartam l'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al m'zuzot beitecha uvisharecha.</p>	<p>וְאַהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ, וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדֶךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אָנֹכִי מְצַוְּךָ הַיּוֹם, עַל-לִבְבְּךָ: וְשָׁנַנְתָּם לְבִנְיָהּ, וְדִבַּרְתָּ בָּם, בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלִכְתְּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ, וּבְקוּמְךָ. וְקִשְׂרַתָּם לְאוֹת עַל-יָדֶךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ, וּכְתַבְתָּם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ: לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת- כָּל-מִצְוֹתַי, וְהָיִיתֶם קְדוֹשִׁים לְאֱלֹהֵיכֶם: אֲנִי יְיָ אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לְהִיּוֹת לְכֶם לְאֱלֹהִים, אֲנִי יְיָ אֱלֹהֵיכֶם:</p>
<p>All: L'ma'an tizk'ru, va'asitem et kol mitzvotai vih'yitem k'doshim l'Eloheichem. Ani Adonai Eloheichem, asher hotzeiti et-chem mei-eretz Mitzrayim lih'yot lachem l'Elohim ani Adonai Eloheichem.</p>	<p>לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת- כָּל-מִצְוֹתַי, וְהָיִיתֶם קְדוֹשִׁים לְאֱלֹהֵיכֶם: אֲנִי יְיָ אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לְהִיּוֹת לְכֶם לְאֱלֹהִים, אֲנִי יְיָ אֱלֹהֵיכֶם:</p>

All:

I shall love the Eternal with all my heart, with all my soul, and with all my might.

And all these words, which I read today, shall be upon my heart.

And I shall teach them diligently to my children.
And I shall speak of them when I sit in my house,
When I walk by my way, and when I lie down,
and when I rise up.

Closing Song Selections:

1. Henei Ma Tov Music Recht & Luhrs Text Psalm 133:1

Capo 3rd fret

PART 1
D D7
Henei ma tov u-ma-naim
G A7sus A7
Shevet achim gam yachad
D D7
Henei ma tov u-ma-naim
Em A7 D
Shevet achim gam yachad.
repeat part 1

PART 2
D Bm
Henei ma tov u-ma-naim
C A7sus A7
Shevet achim gam yachad
D Bm
Henei ma tov u-ma-naim
G A7sus A7
Shevet achim gam yach-----ad
repeat part 1

2. Kol HaN'Shamah Music Rolly Matalon Text Psalm 150:6

Capo 2nd fret

Am G Am Em Am
Halelu, Halelu, Halelu, Halelu, Halelu, Halelu. (2x)
Am G G(F) (Em) Am (Am)
Kol Haneshama, T'ha'lel'ya, Halelu, Halleluyah! (2x)

Saturday Night Havdallah:	
<i>We raise the wine glass:</i> Am F Dm Em Am Em Am	
All: C D F Baruch atah Adonai G C Eloheinu, Melech D E haolam, F G C D borei p'ri hagafen, F Em Am Em Am borei p'ri hagafen,	בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בוֹרֵא פְרֵי הַגָּפֶן.
<i>We raise the spices and after the blessing is sung, pass around to smell:</i>	
Baruch atah Adonai Eloheinu, Melech haolam, borei minei v'samim.	בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בוֹרֵא מִיְנֵי בְשָׂמִים.
<i>The candle is held up: If you raise your hand, do your fingers cast a shadow on your palm? If so, it is dark enough for Havdallah.</i>	
Baruch atah Adonai Eloheinu, Melech haolam, borei m'orei ha-eish.	בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בוֹרֵא מְאוֹרֵי הָאֵשׁ
<i>The candle is extinguished in the wine:</i>	
Baruch atah Adonai Eloheinu, Melech haolam, hamavdil bein kodesh l'chol.	בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמְבַדֵּיל בֵּין קֹדֶשׁ לְחוֹל,

And I shall bind them for a sign upon my hand.
And they shall be for frontlets between my eyes.

And I shall write them on the doorposts of my house and upon my gates.
(Based on Deuteronomy 6:5-9)

To Ponder: Translated literally, the V'ahavta is a series of commands, "You shall..." How does changing the wording to "I shall..." affect your experience of the prayer?



Reading #4 (Honored Guest)

Standing on the parted shores of history
We still believe what we were taught
Before ever we stood at Sinai's foot;

That wherever we go, it is eternally Egypt
That there is a better place, a promised land;
That the winding way to that promise
Passes through the wilderness.

That there is no way to get from here to there
Except by joining hands, marching together.

-Michael Walzer, adapted



When the Israelites witnessed the splitting of the Reed Sea and crossed safely to the other side, they sang Mi Chamochah in thanksgiving. "Free at last!"



Shavua Tov! Have a good week!

Mi Chamochah: All

We begin with a niggun

Am C D Am
Am C D E
Am C D Am
F G Em Am

All: Yai lai lai lai lai la etc.

Am C D Am
Mi cha-mochah ba-eilim, Adonai!
Am C D E
Mi ka-mochah nedar bakodesh,
Am C D Am
nora t'hilot, oseh fele,
F G Em Am
nora t'hilot, oseh fele!
(Continue with words either for morning or afternoon/ evening)

מִי־כִמְכָה בְּאֵלִים יי
מִי כִמְכָה נֶאֱדָר בְּקֹדֶשׁ
נוֹרָא תְהִלַּת, עֲשֵׂה פֶלֶא
(Continue with words either for morning or afternoon/ evening)

Morning: All

F G C
Shira chada-sha shib'chu
Am Dm
g'ulim l'shimcha al s'fat
E F G C Am
hayam; yachad kulam hodu
Dm E
v'himlichu v'amru
Am C D Am C D E
Adonai yim'loch l'olam va-ed,
Am C D Am F G Em Am
Adonai yim'loch l'olam va-ed!

שִׁירָה חֲדָשָׁה שִׁבְחוּ גְאוּלִים
לְשִׁמְךָ עַל שְׁפַת תַּיִם,
יַחַד כֻּלָּם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ.
יי יִמְלֹךְ לְעוֹלָם וָעֶד.

Afternoon or Evening: All

F G C Am
Malchut'cha ra-u vanecha,
Dm E
Bokei-a yam lifnei Moshe
F G C Am
Zeh eli, anu v'amru,
Dm E
Zeh eli, anu v'amru,
Am C D Am C D E
Adonai yim'loch l'olam va-ed!
Am C D Am F G Em Am
Adonai yim'loch l'olam va-ed!

מַלְכוּתְךָ רָאוּ בְּנֵיךָ,
בּוֹקֵעַ יָם לְפָנַי מֹשֶׁה
זֶה אֵלַי, עֲנוּ וְאָמְרוּ:
יי יִמְלֹךְ לְעוֹלָם וָעֶד.

Kiddush

All:
Baruch ata Adonai,
Eloheinu melech
haolam, borei p'ri
hagafen.
(on Friday continue:)

בְּרוּךְ אַתָּה יי
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בּוֹרֵא פְרֵי הַגָּפֶן:

Baruch ata Adonai,
Eloheinu melech ha-
olam, asher kid'shanu
b'mitzvotav v'ratza
vanu, v'shabbat kod'sho
b'ahava uv'ratzon
hinchilanu, zikaron
l'ma'asei v'reisheet.
Ki hu yom t'chila
l'mikra'ei kodesh,
zeicher litziat
Mitzrayim.
Ki vanu vacharta
v'otanu kidashta mikol
ha'amim, v'shabbat
kod'sh'cha b'ahava
uv'ratzon hin'chaltanu.
Baruch ata Adonai,
m'kadeish hashabbat.

בְּרוּךְ אַתָּה יי
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְרָצָה בְּנוֹ, וְשִׁבַּת קֹדֶשׁוֹ בְּאַהֲבָה
וּבְרָצוֹן הִנְחִילָנוּ, זָכוֹר
לְמַעֲשֵׂה בְרָאשִׁית: כִּי הוּא
יוֹם תְּחִלָּה לְמִקְרָאֵי קֹדֶשׁ,
זָכוֹר לְיִצְיַאת מִצְרַיִם:
כִּי־בָנוּ בְּחַרְפָּת וְאוֹתָנוּ קִדְּשָׁתָּ
מִכָּל־הָעַמִּים, וְשִׁבַּת
קֹדֶשׁ בְּאַהֲבָה וּבְרָצוֹן
הִנְחַלְתָּנוּ: בְּרוּךְ אַתָּה יי
מְקַדֵּשׁ הַשַּׁבָּת:



HaMotzie

All: Baruch ata Adonai,
Eloheinu melech haolam,
hamotzi
lechem min ha'aretz.

בְּרוּךְ אַתָּה יי
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ:

*Praised be our Eternal God,
who brings forth the bread from the earth.*

To Ponder:

Does bread really come from the earth? What are the steps that must happen for us to eat bread? Therefore, who does this prayer really thank?

v'yamlich malchutei,
 b'chayeichon uv'yomeichon
 uv'chayei d'chol beit Yisrael,
 ba'agala uvizman kariv. V'im'ru:
 Amen.

Y'hei sh'mei raba m'varach
 l'alam ul'almei almaya.
 Yitbarach v'yishtabach v'yitpa'ar
 y'vitromam v'yitnasei,
 v'yit-hadar, v'yitaleh v'yit'halal
 sh'mei d'Kud'sha B'rich Hu,
 l'eila min kol birchata v'shirata,
 tushb'chata v'nechemata,
 da'amiran b'alma, V'imru: Amen.

Y'hei sh'lama raba min sh'maya,
 v'chayim aleinu v'al kol Yisrael.
 V'imru: Amen.

Oseh shalom bimromav,
 Hu ya'aseh shalom aleinu,
 v'al kol Yisrael
 V'imru: Amen

וַיְמַלִּיךְ מַלְכוּתָהּ
 בְּחַיֵּיכֶם וּבְיוֹמֵיכֶם
 וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל.
 בְּעֶגְלָא וּבְזִמְן קָרִיב וְאָמְרוּ אָמֵן.

יְהֵא שְׁמֵיהּ רַבָּא מְבָרַךְ
 לְעָלְמָא וּלְעָלְמֵי עָלְמַיָּא.
 יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר
 וְיִתְנַשֵּׂא,
 וְיִתְהַלַּל וְיִתְעַלֶּה וְיִתְהַלַּל
 שְׁמֵיהּ דְקֻדְשָׁא בְרִיךְ הוּא
 לְעֵלְא מִן כּוֹל בִּרְכָתָא וְשִׁירָתָא,
 תְּשׁוּבַחְתָּא וְנִחְמָתָא,
 דְאָמִירָן בְּעֶגְלָא, וְאָמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא
 וְחַיִּים עָלֵינוּ וְעַל כּוֹל יִשְׂרָאֵל,
 וְאָמְרוּ אָמֵן:
 עֲשֵׂה שְׁלוֹם בְּמִרְוַמֵּי
 הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ
 וְעַל כּוֹל יִשְׂרָאֵל,
 וְאָמְרוּ אָמֵן:

Amidah (Please Rise)

Opening: All	
Option 1: Adonai, s'fatai tiftach, ufi yagid t'hilatecha. Adonai, open up my lips that my mouth may declare your glory.	אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ.
Option 2: A-na-na-na-na-na-na-na Adonai, A-na-na-na-na-na-na s'fatai tiftach, A-na-na-na-na-na-na- ufi yagid Ufi yagid t'hilatecha. (repeat 3x)	אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ.

Avot v'Imahot (Honoring our Ancestors)	
All: Baruch atah, Adonai, Eloheinu v'Eilohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak v'Eilohei Ya'akov, Elohei Sarah, Elohei Rivkah, Elohei Leah v'Eilohei Rachel. Ha-El hagadol hagibor v'hanora, El elyon, gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah liv'nei v'neihem l'ma'an sh'mo b'ahavah. Melech ozeir umoshia umagen. Baruch atah, Adonai, magen Avraham v'ezrat Sarah.	בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵאָה, וְאֱלֹהֵי רָחֵל. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא אֵל עֲלִיּוֹן, גּוֹמֵל חֲסֵדִים טוֹבִים, וְקוֹנֵה הַכּוֹל, וְזוֹכֵר חֲסֵדֵי אֲבוֹת וְאִמּוֹת, וּמְבִיא גְאֻלָּה לְבָנָי בְּנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה. מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגֵּן. בָּרוּךְ אַתָּה יְיָ מַגֵּן אַבְרָהָם וְעִזְרַת שָׂרָה.

May the Source of peace send peace to all who mourn and comfort to all who are bereaved. Amen.

Announcements

Please return your prayerbook!
 (We need it for our next service.)
 We welcome you to download your own copies. Please visit:
www.AdventureRabbi.org/prayerbook/

G'vurot (Spiritual Strength)	
<p>All: Atah gibor l'olam Adonai, m'chayeih hakol atah, rav l'hoshia.</p> <p>M'chalkeil chayim b'chesed, m'chayeih hakol b'rachamim rabim,</p> <p>Someich noflim, v'rofei cholim, umatir asurim,</p> <p>Um'kayeim, emunato lisheinei afar.</p> <p>Mi chamochah ba'al g'vurot umi domeh lach, melech meimit um'chayeh umatzmiach y'shuah.</p> <p>V'ne-eman atah l'hachayot hakol.</p> <p>Baruch atah, Adonai, m'chayeih hakol.</p>	<p>אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה הַכֹּל אַתָּה, רַב לְהוֹשִׁיעַ. מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה הַכֹּל בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמְתִיר אֲסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ לִישְׁנֵי עֶפְרַיִם. מִי כְמוֹךָ בַּעַל גְּבוּרוֹת, וּמִי דוֹמֶה לָךְ, מְלֶכֶךְ מִמִּית וּמְחַיֶּה וּמְצַמִּיחַ יְשׁוּעָה: וְנֶאֱמָן אַתָּה לְהַחְיֹת הַכֹּל. בְּרוּךְ אַתָּה יְיָ, מְחַיֶּה הַכֹּל.</p>

K'dushah (Holiness)	
<p>Leader: N'kadeish et shimcha ba'olam, k'sheim shemak'dishim oto bishmei marom, kakatuv al yad n'viecha: v'karah zeh el zeh v'amar.</p>	<p>נִקְדֵּשׁ אֶת שִׁמְךָ בְּעוֹלָם, כְּשֵׁם שִׁמְךָ יְשִׁים אוֹתוֹ בְּשֵׁמֵי מָרוֹם, כְּכַתוּב עַל יַד נְבִיאֶיךָ: וְקָרָא זֶה אֶל זֶה וְאָמַר: <i>(turn right and left when on "zeh" & "zeh")</i></p>

(Please Rise)	
Aleinu: (optional)	
<p>All: Aleinu l'shabei-ach la'adon hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei ha'aratzot, v'lo samanu k'mishp'chot ha'adamah. Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam.</p> <p><i>(we bow)</i> Va'anachnu kor'im umishtachavim umodim, <i>(we straighten)</i> lifnei Melech mal'chei hamlachim HaKadosh Baruch Hu.</p> <p>V'ne-emar, v'hayah Adonai l'Melech al kol ha'arets. Bayom hahu, bayom hahu, yih'yeh Adonai echad Ush'mo, ush'mo, ush'mo echad.</p>	<p>עָלֵינוּ לְשַׁבֵּחַ לְאֲדוֹן הַכֹּל, לְתַת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שְׁלֹא עָשָׂנוּ כְּגוֹיֵי הָאָרְצוֹת, וְלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה, שְׁלֹא שָׂם חֶלְקֵנוּ כֵּהֶם, וְגִרְלָנוּ כְּכֹל הַמּוֹנֵם וְאִנְחָנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶךְ, מְלֶכֶי הַמַּלְכִּים, הַקְּדוֹשׁ בְּרוּךְ הוּא. וְנֶאֱמַר: וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ, בַּיּוֹם הַהוּא יְהִיָּה יְיָ אֶחָד, וּשְׁמוֹ אֶחָד.</p>
<p>May the time arrive swiftly when all people are respected for their differences and united by their similarities. May it come to pass in our day, that all beings live together in peace.</p>	

(Remain Standing for Kaddish)	
Mourner's Kaddish	
<p>We recall the loved ones whom death has recently taken from us, those who died in this season in years past, those who have passed away who we wish could be with us at this time, and all those for whom there is no one left to say <i>Kaddish</i>. May their memory inspire us to live our lives with compassion and grace.</p>	
<p>All: Yitgadal v'yitkadash shmei raba. B'alma div'ra chirutei,</p>	<p>יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעַלְמָא דִּי בְּרָא כְרְעוּתֵיהּ, בְּאֵלְמָא דִּי בְּרָא כִּרְעוּתֵיהּ,</p>

<p>The Haggbah and Galila are called forward If Torah was read at a table, the Haggbah now lifts the Torah so all present can see the words on the scroll.</p> <p><i>Please Rise</i></p>	
<p>Rabbi: V'zot haTorah asher sam Moshe lifnei b'nai Yisrael al pi Adonai b'yad Moshe.</p>	<p>וְזֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה לְפָנָי בְּנֵי יִשְׂרָאֵל עַל פִּי יְיָ בְּיַד מֹשֶׁה:</p>
<p>The Vestments are put on the Torah by the Galilah and the Torah is returned to the Ark.</p>	



**Translation of Torah
Speech by Bar or Bat Mitzvah
Speech by Parents
Presentation from the Adventure Judaism
Congregation**



<p>Priestly Blessing</p>	
<p>Rabbi: Y'varech'cha Adonai v'yishmarecha Yaeir Adonai panav eilecha vichuneka Yisah Adonai panav eilecha v'yaseim lecha shalom</p>	<p>יְבָרְכֶךָ יְיָ וַיִּשְׁמְרֶךָ: יָאֵר יְיָ פָּנָיו אֵלֶיךָ וַיַּחַנְּנֶךָ: יִשָּׂא יְיָ פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם:</p>
<p>All: Amen</p>	<p>אָמֵן.</p>
<p>Rabbi: May God bless you and keep you. May God's countenance shine upon you and be with you. May God bless you with peace.</p>	

<p>All: (Rise on toes for each "kadosh") Kadosh, kadosh, kadosh Adonai tz'vaot, m'lo chol ha'aretz k'vodo.</p>	<p>(Rise on toes for each "kadosh") קָדוֹשׁ, קָדוֹשׁ, קָדוֹשׁ יְיָ צְבָאוֹת, מְלֵא כָּל הָאָרֶץ כְּבוֹדוֹ.</p>
<p>Leader: Adir adireinu Adonai adoneinu Mah adir shim'cha b'chol ha'aretz!</p>	<p>אָדִיר אֲדִירֵנוּ יְיָ אֲדִירֵנוּ מִה־אָדִיר שְׁמֶךָ בְּכָל־הָאָרֶץ.</p>
<p>All: Baruch k'vod Adonai mim'komo.</p>	<p>בָּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ.</p>
<p>Leader: Echad Hu Eloheinu Hu avinu Hu mal'keinu Hu moshi'einu v'Hu yash'mieinu b'rachamav l'einei kol chai: Ani Adonai E'loheichem!</p>	<p>אֶחָד הוּא אֱלֹהֵינוּ הוּא אָבִינוּ הוּא מַלְכֵנוּ הוּא מוֹשִׁיעֵנוּ וְהוּא יִשְׁמִיעֵנוּ בְּרַחֲמָיו לְעֵינֵי כָל־חַי: אֲנִי יְיָ אֱלֹהֵיכֶם.</p>
<p>All: Yimloch Adonai l'olam, e'lohayich tzion, l'dor vador. Hal'luyah!</p>	<p>יְמַלֵּךְ יְיָ לְעוֹלָם, אֱלֹהֵיךָ צִיּוֹן לְדוֹר וָדוֹר, הַלְלוּיָהּ.</p>
<p>Leader: L'dor vador nagid god'lecha, ul'neitzach n'tzachim k'dushat'cha nak'dish, v'shivcha'cha Eloheinu, mipinu lo yamush l'olam va-ed.</p>	<p>לְדוֹר וָדוֹר נָגִיד גֹּדְלֶךָ, וּלְנִצָּח נִצָּחִים קִדְשֶׁתְּךָ נִקְדִּישׁ, וּשְׁבַחֶךָ, אֱלֹהֵינוּ, מִפִּינוּ לֹא יִמוּשׁ לְעוֹלָם וָעֶד.</p>
<p>All: Baruch atah, Adonai, hhaeil hakadosh.</p>	<p>בָּרוּךְ אַתָּה יְיָ הָאֵל הַקָּדוֹשׁ.</p>

(Please Be Seated)

We either continue with readings or pause for a few moments of silent reflection and come back together singing Oseh Shalom on page 14.



Optional Readings

Read aloud by honored guests or presented as silent reading options for the congregation:

Optional Reading #5

Master of the Universe, grant me the ability to be alone; may it be my custom to go outdoors each day among the trees and grass - among all growing things - and there may I be alone, and enter into prayer, to talk with the One to whom I belong.

May I express there everything in my heart, and may all the foliage of the field -- all grasses, trees, and plants -- awake at my coming, to send the powers of their life into the words of my prayer so that my prayer and speech are made whole through the life and spirit of all growing things, who are made as one by their transcendent Source. May I then pour out the words of my heart before your presence like water, Adonai, and lift up my hands to You in worship, on my behalf, and that of my children!

- Rebbe Nachman of Bratslav (1772-1810)

To Ponder:

Rebbe Nachman felt spiritually awoken when in nature. Where do you feel spiritually alive?

The vestments are removed.
The Gabbai is called forward.
Honored guests are asked to hold the section of Torah that will be read.

Blessing Before the Torah Reading

Reader: Bar'chu et Adonai Ham'vorach:	בְּרַכּוּ אֶת יְיָ הַמְּבַרֵךְ:
All: Baruch Adonai ham'vorach l'olam va-ed	בָּרוּךְ יְיָ הַמְּבַרֵךְ לְעוֹלָם וָעֶד:
Reader: Baruch Adonai ham'vorach l'olam va-ed Baruch atah Adonai, Eloheinu Melech haolam, asher bachar banu mikol ha'amim, v'natan lanu et Torato. Baruch atah Adonai, notein haTorah.	בָּרוּךְ יְיָ הַמְּבַרֵךְ לְעוֹלָם וָעֶד: בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מִלְּךָ הָעוֹלָם, אֲשֶׁר בָּחַר בְּנוּ מִכָּל הָעַמִּים, וְנָתַן לָנו אֶת תּוֹרָתוֹ: בָּרוּךְ יְיָ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה:



Reading of the Torah



Blessing Following the Torah Reading

Reader: Baruch atah Adonai, Eloheinu Melech haolam, asher natan lanu Torat emet, v'chayei olam nata b'tocheinu. Baruch atah Adonai, notein haTorah.	בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מִלְּךָ הָעוֹלָם, אֲשֶׁר נָתַן לָנו תּוֹרַת אֱמֶת, וַחַיֵּי עוֹלָם נִטַּע בְּתוֹכֵנוּ: בָּרוּךְ יְיָ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה:
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Hakafah

The immediate family joins the Bar or Bat Mitzvah in the Torah processional around congregation.

Those within reach may choose to touch the Torah mantle (cover) with their tzitzit (tallit fringes) or prayerbook. They then kiss the tzitzit or prayerbook, which touched the Torah scroll. This is an expression of love and affection for the great gift of Torah.

All:

L'-cha A-do-nai ha-g'-du-lah v-ha-g'vu-rah
V'-ha-tif-e-ret v'-ha-ne-tzach v'-ha-hod
Ki chol ba-sha-ma-yim u-va-a-retz
Ki chol ba-sha-ma-yim u-va-a-retz
L'-cha A-do-nai ha-mama-la-chah
V'-ha-mit-na-sei l'-chol l'-rosh.

Al shlosa d'varim, al shlosa d'varim
Al sh'losa, sh'losa d'varim
Ha'olam, ha'olam omaid. *(repeat)*

Al haTorah, v'al ha'avodah,
V'al g'milut chasadim. *(repeat)*

**The vestments are removed
The Gabbai is called forward**

Please be seated

Option Two The community holds the Torah in a large circle

The community makes a large circle. Everyone who wishes to participate stands in a tight circle, shoulder to shoulder. The Rabbi unscrolls the Torah and congregants carefully hold the Torah at the top and bottom. We hold the Torah with concentration and care, in order to protect it from ripping. Those who do not wish to hold the Torah or are unable to hold the Torah may join the circle by standing behind another participant. The entire congregation is honored as some of us hold the Torah physically and all of us hold it spiritually. Please do not let go of the Torah until the Rabbi rescrolls the Torah from your hands.

Optional Reading #6 www.AdventureRabbi.org

When God created the first human beings,
God led them around the Garden of Eden and said:
“Look at my works!
See how beautiful they are - how excellent!
For your sake I created them all.
See to it that you do not spoil My world:
For if you do, there will be no one else to repair it.”
- Midrash Ecclesiastes Rabbah on 7:13 800 CE

To Ponder:
Are you surprised that this environmentally aware statement was written in 800 CE?

Optional Reading #7

Awe, rather than faith, is the cardinal
attitude of the religious Jew.
- Rabbi Abraham Joshua Heschel (1907-1972)

To Ponder:
Where and when do you experience awe? How can you use that moment to enhance your Jewish experience?

Optional Reading #8

These things I know:
How the living go on living
And how the dead go on living with them.
So that in a forest
Even a dead tree casts a shadow
And the leaves fall one by one
And the branches break in the wind
And the bark peels off slowly
And the rain seeps in through the cracks

And the trunk falls to the ground
And the moss covers it
And in the spring the rabbits find it
And build their nest
(continues on next page)

So that nothing is wasted in nature
 Or in love."

- Laura Gilpin, appeared in Kol Haneshama, 2000

To Ponder:

When you face mortality, yours or someone else's, where do you find comfort?

**We pause for a few moments
 of silent reflection**

Oseh Shalom	
<p>All: Am E7 Am A7 Oseh shalom bimromav Dm G C Am hu ya'aseh shalom aleinu Dm G C Am Dm Am v'al kol Yisrael, v'imru, imru: E7 Am Amen</p> <p>A7 Dm G C Ya-aseh shalom, Ya-aseh shalom Am E7 Am Shalom aleinu v-al kol Yisraeil 2x</p> <p>Am Em Ya-aseh shalom, Ya-aseh shalom Am B7 E7 Shalom aleinu v-al kol Yisraeil</p>	<p>עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ, וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ אָמֵן.</p>
May peace descend on us, on all Israel, and on all who dwell on Earth. Amen	



Torah Service www.AdventureRabbi.org

Rabbi:

Explanation and Introduction of Torah Scroll



We rise, open the ark and remove the Torah

All:

Al shlosa d'varim, al shlosa d'varim
 Al sh'losa, sh'losa d'varim
 Ha'olam ha'olam omaid.
 (repeat)

Al haTorah, v'al ha'avodah,
 V'al g'milut chasadim.
 Al haTorah, v'al ha'avodah,
 V'al g'milut chasadim.

**On Three Things the World Stands:
 On Torah, on Service and on Loving Deeds**

Option One The Torah is passed from Grandparents to Parents to Bar or Bat Mitzvah	
<p>Bar or Bat Mitzvah: Sh'ma Yisrael Adonai Eloheinu, Adonai Echad!</p>	<p>שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ יְיָ אֶחָד:</p>
<p>All: Echad Eloheinu, Gadol Adoneinu, Kadosh Sh'mo.</p>	<p>אֶחָד אֱלֹהֵינוּ גָדוֹל אֲדוֹנֵינוּ קָדוֹשׁ שְׁמוֹ.</p>