

Erev Yom Kippur with the Adventure Rabbi

Rabbi: If you always assume the one sitting next to you is the Messiah, waiting for a simple human kindness--

Together: You will soon come to weigh your words and watch your hands.

Rabbi: And if the Messiah chooses not to be revealed in your time --

Together: It will not matter.
-Danny Siegel (adapted from a Yiddish Proverb)

Hinei Mah Tov:

הִנֵּה מַה־טוֹב וּמַה־נִּצְעִים
שֶׁבֶת אַחִים גַּם־יַחַד.

Hinei mah tov umah naim
Shevet achim gam yachad

Rabbi: We gather together as a community, brought to this time and place by different motivations.

Together: Our motivations to come differ, yet we are united by shared ritual and practice.

Rabbi: Some of us are here to pray to God, to repent for our sins against God, and to ask forgiveness.

Together: Others of us are here because our parents, partners, children, or friends asked us to come.

Rabbi: Some of us are here because last year's Kol Nidre service was filled with meaning.

Together: Others of us are here because this is what Jews do on Yom Kippur.

Rabbi: Some of us are here to assuage our fear and heal our hurt.

Together: Others of us are here to connect with family far away or family seated next to us.

Rabbi: Some of us are here to repent for our sins, make teshuva, and begin a new way of being.

Together: Others of us came out of habit.

Rabbi: Some of us came to reach out and connect with community.

Together: Others of us came to reach inside, in search of sanctuary.

Rabbi: Shalom Aleichem, welcome. Whatever your reason, you are welcome here in our congregation.

Together: Shalom Aleichem

Shalom aleichem, mal'achei hashareit,
Mal'achei elyon.
MiMelech, Mal'chei ham'lachim
HaKadosh, Baruch Hu.

Bo'achem l'shalom, mal'achei hashalom,
Mal'achei elyon.
MiMelech, Mal'chei ham'lachim
HaKadosh, Baruch Hu.

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Bar'chuni l'shalom, mal'achei hashalom,
Mal'achei elyon.
MiMelech, Mal'chei ham'lachim
HaKadosh, Baruch Hu.

Tzeitchem l'shalom, mal'achei hashalom,
Mal'achei elyon.
MiMelech, Mal'chei ham'lachim
HaKadosh, Baruch Hu.

Please take a moment to set your intention for tonight. - Why are you here? What do you seek?

Rabbi: Remember, spirituality is not something that happens to us.

Together: Rather, it is something we create.

Rabbi: Someone else can kindle the fire, but only we can invite the warmth within.

Together: Someone else can offer the teaching, but only hearing ears can receive them.

Rabbi: May this holy night illuminate our lives and enable our souls to soar.

Together: We pray for peace in our world, peace in our hearts, peace in our actions, and peace in our minds.

Oseh Shalom:

עֲשֵׂה שָׁלוֹם בְּמִרוֹמָיו. הוּא יַעֲשֶׂה שָׁלוֹם
עֲלֵינוּ וְעַל-כָּל-יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן:

Oseh shalom bim'romav, hu ya-aseh shalom
Aleinu v'al-kol-Yisrael, v'imru: Amen

Together: May this holy light, illuminate our live and enable our souls to soar.

Teens: Baruch Ata Adonai Eloheinu Melech Haolam, asher kideshanu b'mitzvotav vitsiva, lehadlik neir shel Yom Tov.

Together: Shehecheyanu

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הַעוֹלָם,
שֶׁהִחַיְנוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזֶמַן הַזֶּה:

Baruch Ata Adonai Eloheinu Melech Haolam
Shehecheyanu Vekiyemanu Vehigianu Lazeman Haze.

Together: How grateful we are for life and sustenance. How grateful we are to have arrived at this exact moment.

Rabbi: Tonight, we join our voices together in song to connect with each other and with our history.

Together: We join our voices together in song to connect with Jews all around the world who tonight, sing to welcome the embrace of this holy evening.

Rabbi: Tonight, we join our voices together in song to quiet our minds.

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Together: Tonight, we join our voices together in song to relax our bodies.

Rabbi: Tonight, we join our voices together in song to nourish our souls.

Together: We join our voices together in song.

Ma Gadlu

Ma Gadlu Ma'asecha Yah,
M'od Amku Mach-sh'votecha.
Halleluyah. *Halleluyah*

Give yourself the gift of this time. Let go of whatever tethers you elsewhere.... Be Here Now

Ahavat Olam

Ahavat Olam, Beit Yisraeil
Amcha Ahav'ta (2x)
Torah Umitzvot, Chukim Umishpatim
Otanu Limad'ta (2x)
Alkein Adonai Eloheinu B'shochbeinu
U'v'kumeinu Nasiach B'chukecha
V'nismach B'divrei Torat'cha
U'v'mitzvotecha l'olam vaed
Ki Heim Chayeinu, V'orach Yameinu
Uv'hem [Nehgeh Yomam Valeila] 2x
Vahavat Al Tasir Mimenu L'olamim
Barcuch Atah Adonai
Oheiv Amo Yisrael (2x)

Reader's Kaddish: A Responsive Prayer	
Leader: Yitgadal v'yitkadash shmei raba. B'alma div'ra chirutei, v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, ba'agala, ba'agala uvizman kariv. V'im'ru:	יִתְגַּדֵּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֵלְמָא דֵּי בְרָא כְרַעוּתֵיהּ, וְיַמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזִמְן קָרִיב וְאָמְרוּ
All: Amen. Y'hei sh'mei raba m'varach l'alam ul'almei almaya.	אָמֵן. יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלָם וּלְעָלְמֵי עָלְמַיָּא.
Leader: Yitbarach v'yishtabach v'yitpa'ar y'vitromam v'yitnasei, v'yit-hadar, v'yitaleh v'yit'halal sh'mei d'kud'sha	יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא, וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקֻדְשָׁא
All: B'rich Hu	בְּרִיךְ הוּא
Leader: l'eila min kol birchata v'shirata, tushb'chata v'nechemata, da'amiran b'alma, v'imru:	לְעֵלָא מִן כּוֹל בִּרְכָתָא וְשִׁירָתָא, תְּשֻׁבְחָתָא וְנִחְמָתָא, דְאָמִירָן בְּעֵלְמָא, וְאָמְרוּ
All: Amen.	אָמֵן.

Rabbi: Kol Nidre was written by Jews in the 7th century Spain who were forced to convert to Christianity to save their

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lives. This prayer released them from their vows to be Christians and enabled them to pray with their Jewish community.

It is a prayer of people forced say what they don't mean. When we recite this prayer, we identify with the agony of those who have had to say "yes" when they meant "no." Just as the prayer enabled them to let go of vows, today we release ourselves.

Rabbi: We release ourselves from habits that no longer nourish.

Together: And we release ourselves from anger that no longer serves

Rabbi: We release ourselves from those expectations that inhibit rather than motivate.

Together: And we release ourselves from negative patterns that we follow without thought.

Rabbi: Kol Nidre is also a prayer of confession and reconciliation. We are all transgressors: we are all exiled from our highest self. We are all in need of the healing of forgiveness and reconciliation.

Together: We ask pardon for what we have done and for what we may yet do. For rash words, broken pledges, insincere assurances, and foolish promises, may we find forgiveness.

Rabbi: "*Averot sheh beyn adam laMakom, Yom Kippur m'chaper. Averot sheh beyn adam l'chavero, eyn Yom Kippur m'chaper ad sheh y'ratseh at chavero*".

Together: "For sins between a human being and God, Yom Kippur atones. For sins between one human being and another, Yom Kippur does not atone until the person has reconciled with the other person." - *Mishna Yoma 8*

LEASE RISE for Kol Nidre, as the Scrolls are Held

Together:
By authority of all who congregate above and all who congregate on earth, and with permission of the omnipresent One, and with the consent of this assembly, we accept into our midst whoever seeks to pray, whether righteous or unrighteous, all shall pray as one community.

Let all our vows and oaths, all the promises we make and obligations we incur to You, O God, between this Yom Kippur and the next, be null and void should we, after honest effort, find ourselves unable to fulfill them. Then may we be absolved of them.

Let their burden be dissolved, and lifted off, and cancelled and made null and void, bearing no force and no reality. These vows shall not be binding vows, those prohibitions not be binding prohibitions, those oaths shall not be binding oaths.

Avinu Malkeinu Shema Kulanu

All: Avinu Malkeinu Cha Neinu Ve Anei Nu (2x)
Ki Ein Banu Maasim,
Asei Imanu Tsedakah Vachessed
Asei Imanu Tsedakah Vachessed Vehosheenu.
Kol Nidre is Chanted

Barchu:

בְּרַכּוּ אֶת־יְיָ הַמְּבַרְךָ!
 בְּרוּךְ יְיָ הַמְּבַרְךָ לְעוֹלָם וָעֶד!

Barchu et Adonai Hamevorach!
 Baruch Adonai Hamevorach Leolam Vaed!

Shema:

שְׁמַע יִשְׂרָאֵל: יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד
 בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד:

Shema Yisrael: Adonai Eloheinu, Adonai Echad!
 Baruch Shem Kevod Malchuto Leolam Vaed.

PLEASE BE SEATED

A Meditation by Ruth Brin (adapted)

Low Voices: When we were children,
 we thought of God as a father.

High Voices: When we were slaves we thought of God
 as a master.

Low Voices: When we were
 subjects we thought of God as a king.

High Voices: But I am not a slave,
 not a subject, not a child who longs for God as
 father or mother.

Low Voices: I might imagine God as
 a teacher or friend, but those images, like king, master,
 father or mother, are too small for me now.

High Voices: God is the force of motion and light in the
 universe.

Low Voices: God is the strength of life on our planet.

High Voices: God is the power moving us to do good.

Together: God is the source of love springing up in us.

PLEASE RISE

Amidah:

אֲדוֹנָי, שְׁפָתַי תִּפְתָּח, וּפִי יִגִּיד תְּהִלָּתֶךָ:

Ana na na na na na na, Adonai
 Ana na na na na na na s'fa tai tiftach
 Ana na na na na na na ufi ya gid,
 Ufi yagid l'hilatecha!

Avot v'Imahot (Honoring our Ancestors)

All: Baruch atah,
 Adonai, Eloheinu
 v'Eilohei avoteinu
 v'imoteinu,

Elohei Avraham, Elohei
 Yitzchak
 v'Eilohei Ya'akov,

Elohei Sarah, Elohei
 Rivkah, Elohei Leah
 v'Eilohei Rachel.

Ha-El hagadol hagibor
 v'hanora,

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ
 וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמֹתֵינוּ,
 אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק,
 וְאֱלֹהֵי יַעֲקֹב אֱלֹהֵי שָׂרָה,
 אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵאָה,
 וְאֱלֹהֵי רָחֵל.
 הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא
 אֵל עֲלִיּוֹן, גּוֹמֵל חֲסָדִים טוֹבִים,
 וְקוֹנֵה הַכֹּל,
 וְזוֹכֵר חֲסֵדֵי אֲבוֹת וְאִמּוֹת,

<p>El elyon, gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah liv'nei v'neihem l'ma'an sh'mo b'ahavah.</p>	<p>וּמְבִיא גְּאֻלָּה לְבָנָי בְּנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.</p>
<p>Zochreinu le-chayim Me-lech cha-feitz Ba-chayim V-Kat-vei-nu B'Sefer B'Sefer Chayim Le-ma-a-necha, Elohim Chayim Melech o-zeir u-mo-shi-a U-magein Baruch Atah Adonai magein Avraham V'ezrat Sarah.</p>	
<p>G'vurot (Spiritual Strength)</p>	
<p>All: Atah gibor l'olam Adonai, m'chayeih hakol atah, rav l'hoshia. M'chalkeil chayim b'chesed, m'chayeih hakol b'rachamim rabim, Someich noflim, v'rofei cholim,umatir asurim, Um'kayeim, emunato lisheinei afar. Mi chamochah ba'al g'vurot umi domeh lach, melech meimit um'chayeh umatzmiach y'shuah.V'ne-eman</p>	<p>אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה הַכֹּל אֶתָּה, רַב לְהוֹשִׁיעַ. מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה הַכֹּל בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמְחַלְקֵי אֲסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ לִישְׁנֵי עֶפְרַיִם. מִי כְמוֹךָ בַּעַל גְּבוּרוֹת וּמִי דוֹמֶה לָּךְ, מְלֶכֶךְ מִמִּית וּמְחַיֶּה וּמְצַמִּיחַ יְשׁוּעָה: וְנֶאֱמָן אֶתָּה לְהַחְיֹת הַכֹּל. בְּרוּךְ אַתָּה יְיָ, מְחַיֶּה הַכֹּל.</p>

<p>atah l'hachayot hakol. Baruch atah, Adonai, m'chayeih hakol.</p>	
<p>Kedusha</p>	
<p>Atah kadosh v'shimcha kadosh Uk'doshim b'chol-yom y'hal'lucha, Selah! Baruch Atah Adonai, ha-El hakadosh.</p>	

PLEASE BE SEATED FOR SILENT MEDITATION

Y'hiyu L'ratzon:

יְהִיו לְרָצוֹן אִמְרֵי-פִי וְהִגִּיוֹן לִבִּי לְפָנֶיךָ.
יְיָ, צוּרֵי וְגֹאֲלֵי:

Y'hiyu l'ratzon im'rei-fi v'hegyon libi l'fanecha, Adonai, tzuri, Adonai, tzuri v-go-ali, v-go-ali.

Oseh Shalom:

עֹשֶׂה שְׁלוֹם בְּמְרוֹמָיו. הוּא יַעֲשֶׂה שְׁלוֹם
עָלֵינוּ וְעַל-כָּל-יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן:

Oseh shalom bim'romav, hu ya-aseh shalom Aleinu v'al-kol-Yisrael, v'imru: Amen

Rabbi's Teaching

Vidui - Confession of Sin
Al Chet

E-lo-hei-nu vei-lo-hei a-vo-tei-nu v'emoteinu
Ta-vo le-fa-ne-cha te-fi-la-tei-nu
Ve-al tit-a-lam mit-chi-na-tei-nu
She-ein a-nach-nu a-zei fa-nim
U-ke-shei o-ref lo-mar le-fa-ne-cha,
A-do-nai E-lo-hei-nu ve-lo-hei
a-vo-tei-nu v-emo-teinu,
Tza-di-kim a-nach-nu ve-lo cha-ta-nu,
A-val, a-val, a-nach-nu cha-ta-nu.

Our God, God of our mothers and fathers, grant that our prayers may reach You. Do not be deaf to our pleas, for we are not so arrogant and stiff-necked as to say before You, Lord our God and God of all ages, we are perfect and have not sinned; rather do we confess: we have gone astray, we have sinned, we have transgressed.

It is traditional to gather the tallit and tap our hearts with our fists with each transgression. Some say we are beating our chest in remorse. Others say we are removing hurt and remorse from our hearts.

Together:

A-sham-nu, Ba-gad-nu, Ga-zal-nu, Di-bar-nu do-fi.

He-eh-vi-nu, Ve-hir-sha-nu, Zad-nu, Cha-mas-nu,
Ta-fal-nu sha-ker.
-aye aye aye

Ya-atz-nu ra, Ki-zav-nu, Latz-nu, Ma-rad-nu, Ni-atz-nu.
-aye aye aye

Sa-rar-nu, A-vi-nu, Pa-sha-nu, Tza-rar-nu, Ki-shi-nu o-ref.
Ra-sha-nu, Shi-chat-nu, Ti-av-nu, Ta-i-nu, Ti-ta-nu.
-aye aye aye

We all have committed offenses; together we confess these human sins, an alphabet of woes:

The sins of **A**rrogance, **B**igotry, and **C**ynicism, of **D**eceit and **E**gotism, **F**attery and **G**reed, not being **H**ealthy, of **I**njustice and **J**ealousy. Some of us have **K**ept grudges, were **L**ustful, **M**alicious, or **N**arrow-minded. Others were **O**bstinate or **P**ossessive, **Q**uarrelsome, **R**ancorous, or **S**elfish. We **T**arnished another's reputation. We **U**sed more than we needed. There was **V**iolence, **W**eakness of will, **X**enophobia. We **Y**ielded to temptation and showed **Z**eal for bad causes.

***Ve-al ku-lam, E-lo-hai se-li-chot,
se-lach la-nu, me-chal lanu ka-per-la-nu.***

For all these sins, forgive us, pardon us,
grant us atonement.

Mourner's Kaddish

All:
Yitgadal v'yitkadesh
shmei raba.
B'alma div'ra chirutei,
v'yamlich malchutei,
b'chayeichon uv'yomeichon
uv'chayei d'chol beit Yisrael,
ba'agala uvizman kariv.
V'im'ru: Amen.

Y'hei sh'mei raba m'varach
l'alam ul'almei almaya.
Yitbarach v'yishtabach
v'yitpa'ar
y'vitromam v'yitnasei,
v'yit-hadar, v'yitaleh
v'yit'halal
sh'mei d'Kud'sha B'rich Hu,
l'eila min kol birchata
v'shirata,
tushb'chata v'nechemata,
da'amiran b'alma, V'imru:
Amen.

Y'hei sh'lama raba min
sh'maya, v'chayim aleinu v'al
kol Yisrael. V'imru: Amen.

Oseh shalom bimromav,
Hu ya'aseh shalom aleinu,
v'al kol Yisrael
V'imru: Amen

יִתְגַּדֵּל וַיִּתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֻלְמָא דֵּי בְרָא כְרַעוּתָהּ,
וַיִּמְלִיךְ מַלְכוּתָהּ
בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן
וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל.
בְּעֻגְלָא וּבְזִמְן קָרִיב וְאָמְרוּ אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ
לְעָלָם וּלְעָלְמֵי עָלְמַיָּא.
יִתְבָּרַךְ וַיִּשְׁתַּבַּח וַיִּתְפָּאֵר
וַיִּתְרוֹמֵם וַיִּתְנַשֵּׂא,
וַיִּתְהַדָּר וַיִּתְעַלֶּה וַיִּתְהַלָּל
שְׁמֵהּ דְקֻדְשָׁא בְרִיךְ הוּא
לְעָלָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא,
תְּשֻׁבְחָתָא וְנַחֲמָתָא,
דְאָמְרוּ בְּעֻלְמָא וְאָמְרוּ אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא
וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל,
וְאָמְרוּ אָמֵן:
עֲשֵׂה שְׁלוֹם בְּמִרְוַמְיָו
הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל,
וְאָמְרוּ אָמֵן:

Hinei Mah Tov:

יֵהֵנָּה מַה־טוֹב וּמַה־נְּעִים
שְׁבֵט אַחִים גַּם־יַחַד.

Hinei mah tov umah naim
Shevet achim gam yachad



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We wish you a good yuntif and a meaningful fast.
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